

Kingfisher Lacrosse Spring 2024 Practice Schedule

Day	Time	Field	Age Group						
			10U Boys	12U Boys	14U Boys	HS Boys	10U Girls	12U Girls	HS Girls
Sunday	12-1:30pm	Coralville					X	X	X
Sunday	12-1:30pm	Solon	X	X	X				
Monday	5:30-7pm	Coralville					X	X	
Monday	5:30-7pm	Solon	X	X					
Tuesday	5:30-7pm	Mt Mercy			X	X			X
Wednesday	5:30-7pm	Solon	X	X			X	X	X
Thursday	5:30-7pm	Mt Mercy			X	X			
Friday	5:30-7pm	Solon				X			

NOTE: Mt Mercy times will shift to 6-7:30pm at the mid-point of the season when the turf field becomes available to us.

FIELD LOCATIONS:

Coralville: Coralville Youth Sports Park, 2480 Dempster Dr, Coralville, IA 52241

Solon: Solon Recreation and Nature Area, Racine Ave NE, Solon, IA 52333 (Field to the north of High School Baseball)

Mt Mercy: Mt Mercy University, Plaster Athletic Complex, 651 19th St NE, Cedar Rapids, IA 52402 (grass fields near parking lot entrance)